



A.D.1492
MASSERIA
LILEI
NATURAL STAY

L'Ulivo

Beauty & Spa



Contrada case sparse LiLei
73023 Lizzanello

reservation@masserialilei.it
<https://www.masserialilei.it/>

SALUS PER AQUAM

Welcome to the Spa

Salus per aquam means health by water.

Ulivo Spa is dedicated to wellness through water and natural treatments.

A couples' path, for a ritual and beneficial experience aimed at physical and mental relaxation through the discovery of natural remedies



Wellness Journey

Warm water relaxes and cheers, then we keep going to the sauna and frigidarium, and the herbal drink.

Afterwards, an emotional shower, in the Turkish bath, and then in the stone pool.

You can choose a relaxing and rejuvenating body treatment and a purifying facial treatment.



EXPERIENCE

					
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WELLNESS JOURNEY	WELLNESS EXPERIENCE	MASSAGE	BOUTIQUE	POLICY	CONTACTS



Sauna



Turkish Bath

Emotional Shower



Whirlpool and cervical waterfall



Frigidarium



Wellness Experience

Beauty Face



Moisturizer

Olivo

Oliv Oil and
kernel oil

Moisturizing treatment against the signs of aging, it provides deep hydration by gently filling wrinkles and smoothing skin imperfections

60 min - € 80

Rebalancing

Vite

Vine sap and stem
cells from unripe
grapes

Antioxidant action against the signs of aging and rebalancing the skin's bacterial flora

60 min - € 110

Revitalising

Agrumi

orange and lemon

Powerful antioxidant and anti-pollution, capable of reactivating collagen to revitalize the skin

60 min - € 90

Anti - Age

Fiore di Gioventù

plant stem cells

The combination of retinol and oxygen stimulates cell renewal and collagen production and improves skin tone by smoothing expression lines

60 min - € 120



Wellness Experience

Rituals for the harmony of the body

ML



Detox Naturale

sweet almond, sweet orange and pink Himalayan salt

Ideal for thickened skin with detoxifying and dermopurifying effects

120 min – € 200 p.p.

Energia Naturale

with grape seed oil, rose oil, sage, bergamot and sea salt

Ideal for improving skin tone, firmness, and elasticity, with a toning, fresh, and energizing effect.

120 min – € 200 p.p.

Relax Naturale

with sandalwood essential oil, oats, coconut and sea salt

Ideal for dry and sensitive skin, with a relaxing and anti-stress effect.

120 min – € 200 p.p.

ML

Masseria LILEI

Ayurvedic Ritual

Luxury

Pinda

Lilei

A ritual that unleashes the power of wild herbs, rejuvenating as it gives strength to the entire immune system. A true sensory immersion that counteracts muscle tension and minor local aches and pains with lasting physical and mental well-being.

120 min – € 230 p.p.



Ritual

Signature

Bellezza

Primitiva

The life force of nature and its active ingredients concentrated in an unforgettable treatment.

Thanks to the use of grapes, grapeseed oil, bergamot and sage you will enjoy a true sensory immersion for a rich treatment that employs ingredients from our land, capable of making the skin toned and radiant.

120 min – € 250 p.p.

Mini Relax Massage

FACE

It makes the skin smoother and brighter, stretches the muscles and softens the features.

BACK

The movements of the massage eliminate muscular tension in the shoulders and neck, relieve pain and relax contractures.

LIGHT LEGS

It has a regenerating and lymphatic stimulation, fighting cellulite and giving tone.

FEET

It reduces stress thanks to the release of endorphins, improves blood circulation by reducing the feeling of heaviness and swollen feet.

30 min – € 50 p.p.



Total Body Massage

ML

Masseria Lilei



SWEDISH
RELAX

It promotes relaxation and tension release, aiming to achieve psychophysical well-being.

DEEP TISSUE

It helps alleviate muscle tension by working on key trigger points, aiding in circulation improvement.

HEMOLINPHATIC
DRAINAGE

It aims to facilitate natural lymphatic drainage, possessing a powerful relaxing and soothing effect on the body. It enables tissue cleansing from metabolic waste and excess water.

SPORTS
MASSAGE

It relieves physical and mental fatigue, recommended after intense workouts or competitions. It speeds up muscle and metabolic recovery

60 min – € 80 p.p.

Total Body Massage



ML

Masseria Lilei

LOMILOMI

Gentle massage with slow and steady movements reminiscent of ocean waves, aimed at deeply relaxing the body.

€ 90 p.p.

ABYANGA

Ayurvedic massage involving manipulation of the entire body, face, and neck. It acts on all Doshas, aiming to rebalance the individual as a whole.

€ 130 p.p.

THAI OIL

Thai massage technique gentle and pleasant. It relieves anxiety and stress, strengthens the immune system, and improves body flexibility

€ 90 p.p.

CALIFORNIANO

Relaxing massage technique with long and fluid movements. It aims to deeply connect mind and body, It offers comfort and serenity.

€ 90 p.p.

60 min

Total Body Massage



HOT STONE

Holistic massage that treats both mind and body, with therapeutic action achieved through volcanic stones slowly releasing heat

€ 130 p.p.

CANDLE MASSAGE

Originating from Hawaii, this massage utilizes precious vegetable butters contained in the candles used, making the movements warm and enveloping. It provides a relaxing, nourishing, and revitalizing effect

€ 100 p.p.

PLANTAR REFLEXOLOGY

Technique that leverages the stimulation of specific areas of the foot to restore balance to the body. Useful in cases of congestion and tension. Helps alleviate back pain, anxiety, and stress.

€ 100 p.p.

60 min

L'Ulivo Spa Boutique



HYDRA04

HYDRATENSE SIERO VISO 30 ml

€ 45

HYDRAT05

HYDRATENSE CREMA VISO 50 ml

€ 60

RELAX SET

BAGNOSCHIUMA/CREMA CORPO
250 ml + 250 ml

€ 60

DERSTA SET

DERMOSTAMINE CREMA VISO/CONTORNO
OCCHI/LIPCARE 50 ml + 15 ml + 4,5 ml

€ 100

SPBIOTIK04

MOUSSE DETERGENTE 150 ml

€ 35

BIOTIK SET

BIOTIKA CREMA VISO/SIERO VISO
50 ml + 30 ml

€ 105

CLIFE SET

C+LIFE CREMA VISO/C+LIFE CONTORNO
OCCHI 50 ml + 15 ml

€ 90

DETOX SET

BAGNOSCHIUMA/CREMA CORPO 250 ml +
250 ml

€ 60

BIOENERGY SET

BAGNOSCHIUMA/ CREMA CORPO 250 ml +
250 ml

€ 60



SPA POLICY

Please book your wellness path and customize your favourite treatment by contacting the Spa Reception or dialing the extension number ----- for Masseria guests.

We recommend that you bring your reservation forward in order to guarantee the availability of the spa programs and treatments, at the times you desire.

Please inform us in advance of any medical conditions or contraindications (such as hypertension, allergies, cardiovascular disorders, pregnancy, etc.).

We recommend taking a shower before the treatment and arriving in a robe, slippers, and without jewelry.

Access the Spa 5 minutes before you start your treatment.

IN CASE OF UNFORESEEN CIRCUMSTANCES

Please inform us of any changes in schedule or any cancellations of treatments at least 24 hours in advance.

In the case of short-notice cancellation, the full treatment fee will be charged.

IF YOU ARRIVE LATE

Unfortunately, we will be obliged to shorten the duration of the treatment.





Contact Us

WE'RE JUST A
PHONE CALL AWAY.



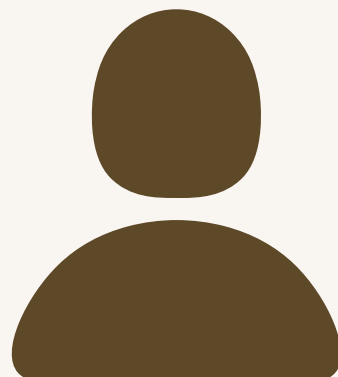
EMAIL ADDRESS

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